

The Group Needs Me Because...

Summary

This is an exercise showing personal commitment.

Objective

Co-operative energizer. This exercise brings out humor and competitiveness, together with team spirit.

Materials

None.

Time Limit

2 minutes per person plus 10 minutes preparation and processing.

Procedure

1. Give participants five minutes to write down three reasons why they believe that the organization needs them.
2. They should then be asked to individually walk around the room shouting out these three reasons with commitment and belief.
3. As the individual is presenting his/her reasons, the other participants each give a maximum score of 20 points each for
 - Creativity
 - Humor
 - Conviction

The winner is the one with the highest total.

Processing Questions

1. How did this activity make you feel?
2. Were you surprised at the response you received from the crowd?
3. Prior to this activity, had you shared your reasons why you are an asset to the group with anyone?
4. How did it make you feel to reveal to others why you feel that you are a needed part of the group?
5. Do you now have a better sense of others after hearing their personal reasons?
6. Were you surprised at any of the presentations?
7. Do you feel that you have displayed your commitment to the group in doing this?