

Clinician _____

Most patients with head injuries will feel somewhat drowsy and will have a slight headache. Conditions may change, however, within the next day or two.

If any of the following symptoms occur, report immediately to an emergency room for evaluation:

1. Excessive sleepiness
2. Repeated vomiting
3. Periods of confusion or blackouts
4. Double vision
5. Worsening headaches
6. Convulsions (fits or seizures)
7. Trouble with speech
8. Weakness of either arm or leg
9. Bloody or clear fluid dripping from ears or nose

Stay with someone the first night after your injury and have him/her awaken you every 2 hours to check on you (to ensure that you can be aroused, that you make sense when you talk, that you can walk, and that you aren't worse in any other way).

SPECIAL INSTRUCTIONS: _____

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