



## WHAT INFORMATION DO WE GET FROM THE CBC AND CHEMFILE?

The CBC (Complete Blood Count) and the Chemfile (Chemfile 2211) provide much information that is useful to the patient and the clinician.

Over forty (40) different measurements are made by these blood test.

Some of the problems that can be suspected or detected by the CBC and Chemfile are:

- Anemia (of any type)
- Diabetes mellitus
- Hypoglycemia (low blood sugar)
- Kidney function abnormalities
- Hepatitis (or any type) and other types of poor liver function
- Gout
- Tendency to get early atherosclerosis (hardening of the arteries--potentially leading to heart attack and/or stroke)
- Iron deficiency
- Bacterial or viral infections

### INSTRUCTIONS:

The blood for the Chemfile is drawn after a twelve (12) hour fast in order to avoid altering certain measurements, such as glucose (blood sugar) and part of the blood fats (especially the triglycerides). **DO NOT EAT OR DRINK ANYTHING** (other than water) past 8 P.M. the night before having the blood drawn in the morning (this includes chewing gum).

SPECIAL INSTRUCTIONS: \_\_\_\_\_  
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